

Chop Chop (V)

Upstate (V)

Baja Salad

Romaine, Baby kale, Cherry Tomatoes, Carrots, Pickled Onion, Grilled Corn, Crispy Organic Kosher Chicken Breast, Fresh Herbs, Red Cabbage, Chipotle Ranch

Romaine, Cherry Tomatoes, Hot House Cucumber, Crispy Shallots, Corn, Chickpeas, Avocado, Jalapeño, Smoky Ranch Dressing

Chicken Caesar

Schnitzel Farm

\$20

\$20

Baby kale, Honey Crisp Apples, Roasted Butternut Squash, Toasted Maple Pumpkin Seeds, Vegan Feta, Pickled Onions, Balsamic Dressing

Romaine, Croutons, Vegan Parmesan, Grilled Organic Kosher Chicken, Sunflower Caesar Dressing

Greens & Grains (V)

\$15

\$20

\$15

Pesto Grilled Organic Kosher Chicken, Grilled Broccoli, Grilled Zucchini, Sunflower Seed, Pesto Dressing

Add Hand Cut Fries (+5) Truffle Fries (+6.5) Onion Rings (+7)

Hot Sauce, Maple Syrup, Whipped Vegan Butter

Macerated Strawberries, Fruity Pebbles, Crumble

Baby kale, spinach, Quinoa, Roasted Sweet Potato, Red Cabbage, Pickled Golden Beets, Pomegranate, Spicy Sunflower seeds, Date Vinaigrette

Herb Salmon Salad

Chicken & Waffle

Funfetti Waffle

Pesto Chicken Salad

\$20

\$20

Avocado, Cilantro, Cabbage, Grilled Mahi, Roasted Corn, Radish, Cilantro Lime Vinaigrette

Roasted Broccoli, Carrots, Pickled Red Onion, Romaine,, Sweet Potato, Cherry Tomatoes, Shallot Vinaigrette

Organic Chicken Fingers 3pc / 5pc \$9 / \$14

Honey Mustard, BBQ, and Chipotle Aioli

Popcorn Chicken

Coated in our "Sticky Asian" sauce with Sesame Aioli Aioli

Crispy Chicken Sandwich

Slaw, Pickles, House Made Sesame Bun

Nashville Chicken Sandwich

Hot Sauce, Bread and Butter Pickles, Southern Slaw

Topping, Strawberry Butter

Choco Waffle

\$15

\$20

\$15

Chocolate Chip Cookie Crumble, Cocoa Krispies, Vanilla Ice Cream Chocolate Sauce

KITCHEN WEEKDAY BRUNCH

Add Zucchini Fries (+9) Rice & Beans (+6) Signature Side Salad (+8)

Avocado Toast

Two Pieces of Homemade Bread topped with Freshly Smashed Avo, Cracked Black Pepper, Poached Eggs, Lemon Oil

Add Smoked Salmon +8

Omelette*

Spinach, Vegan Feta, Caramelized Onion, Cherry Tomato served with Toast and Mixed Greens

Huevos Divorciados

S18

Black Bean, Fried Eggs*, Green and Red Salsas, Avocado

Wild Mushroom Hash

\$20

Duet of Yukon and Sweet Potatoes with Charred Peppers, Shallots and Herbs topped with Choice of Eggs*

Kung Pao Bowl

Homemade Szechuan Chili Sauce, Zucchini, Red Pepper with Choice of Cauliflower or Chicken (+3) and Served with Brown Rice

Byron Bay Bowl

Poached eggs*, Avocado, Quinoa, Brown Rice, Baby Kale, Cherry Tomato, Pesto

Fish Tacos

Grilled Mahi Mahi, Pickled Cabbage, Avocado Salsa, Vegan Crema

Autumn Shakshuka

Yellow Tomatoes, Orange Peppers, Butternut Squash, Braised Kale, Vegan Feta, Avocado, Toast

Double Smash Brunch Burger

Sunny Side Up Egg*, Impossible or Grass Fed Beef Patty, Vegan Cheddar, Pickles, Onion, Special Sauce, Sesame Seed Bun